• How does the campus community relate to Covid?
• In what ways have the cultures that operate amongst community members been altered during the pandemic?
### Coronavirus Fears Surge in U.S.

Percentage of U.S. adults who are worried about their exposure to the coronavirus

<table>
<thead>
<tr>
<th></th>
<th>February</th>
<th>March</th>
</tr>
</thead>
<tbody>
<tr>
<td>Democrats</td>
<td>26%</td>
<td>73%</td>
</tr>
<tr>
<td>Republicans</td>
<td>30%</td>
<td>42%</td>
</tr>
<tr>
<td>Men</td>
<td>30%</td>
<td>58%</td>
</tr>
<tr>
<td>Women</td>
<td>40%</td>
<td>62%</td>
</tr>
<tr>
<td>Ages 18-29</td>
<td>40%</td>
<td>54%</td>
</tr>
<tr>
<td>Ages 65+</td>
<td>30%</td>
<td>59%</td>
</tr>
<tr>
<td><strong>Overall</strong></td>
<td><strong>36%</strong></td>
<td><strong>60%</strong></td>
</tr>
</tbody>
</table>

Poll conducted February 2-13 and March 2-13 with a sample size of 1,019 U.S. adults
Source: Gallup
The Numbers Behind the Impact of COVID-19:

1 in 5 college students say their mental health has significantly worsened under COVID-19.

80% of college students report that COVID-19 has negatively impacted their mental health.

ActiveMinds.org
METHODS: PARTICIPANT GATHERING

• Randomized Process (Interviews & Survey)
  • Random Number → Alphanumeric Cipher → Random Letter

| A | B | C | D | E | F | G | H | I | J | K | L | M | N | O | P | Q | R | S | T | U | V | W | X | Y | Z |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10|11|12|13|14|15|16|17|18|19|20|21|22|23|24|25|26|

• Iterative Procedure → Generate Random Unix

• Direct Approach (Interview & Focus Groups)
  • Immediate encounter with premeditated demographic
METHODS: LIMITATIONS

Randomized Process
- Inherently Widens Demographic
- Interviews: 50% Participation Rate
- Survey: 7% Participation Rate

Direct Approach
- Narrows Demographic (No Students)
- 100% Participation Rate
FINDINGS

Fear
Loss

Positivity
Newness
FEAR, SUFFERING AND LOSS: STUDENTS

• Interview Participants composed opposing ends of a fear spectrum: no fear $\rightarrow$ significant fear
• Survey Data indicates that a fair to moderate fear is the norm.

Survey Participant Average Fear Level of Covid

Isolation and Mental Health Struggles
FEAR, SUFFERING AND LOSS: DINING SERVICES

- Expressed Greater Fear than Students Overall
- Unemployment
- Loss of Benefits and Uncertainty
- Loss of Multiple Family Members
POSITIVITY AND NEWNESS: STUDENTS

“I’ve definitely been more interested in building up relationships in a way that I wasn’t concerned with before the pandemic.”

“Spending more time with a closer knit group of people was really great to maintaining personal joy.”

“[I began to] really value the time I spent doing things and be more present in them.”

Survey Participant Average Regularity of Positivity Score
POSITIVITY AND NEWNESS: DINING SERVICES

Marriage and New Relationships

New Employment

Improved Life/Work Outlook

Thankfulness

Greater Experience of Newfound Joy in Relationships and Life

Higher Degree of Personal Loss and Suffering
FINDINGS: EXACERBATION OF MARGINS

“I think people wear masks because they are afraid of each other.”

“I don’t believe in Covid, but I know that a lot of people do.”
SYNTHESIS

How To Balance?

Fear

Need For Community

  https://www.activeminds.org/studentsurvey/