5th Year Student-Athlete Sense of Belonging

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Agenda

Research Topic

Methods

Survey

Findings
Research Topic & Motivation

2,130
Students enrolled this semester

300
More meal plans

230
More students enrolled this fall

Sense of Belonging

- Academics
- Social Sphere
- Team Dynamic
- Living Arrangements
- Expectations
- Sport Class
Methods

1. Interviews
2. Focus Group
3. Survey
Survey Demographics

86% of respondents deferred primarily for sports.
Findings

- Adjustment
- Class Relationships
- Age
- Academics

Limitations
- Selection bias
- Sample Size
“I thrived living in a house where I had distance from campus, I could cook my meals, and I could enjoy time with my friends. Now, I feel as though I am always at school rather than "at home." I also struggle with having to be on a meal plan. I had established a routine of preparing healthy and yummy meals, and now I am eating not nutritious food that does not taste good.”
Adjustment

Off-Campus Housing

Freedom
Car
Independence
Responsibility
Kitchen
Parties
Privacy
Driveway
Groceries
Personal Space
Paying Bills
Appliances

On-Campus Housing

Meal Plan
Custodians
Confined
Restricted
Common Room
Clean
Rules
Parking Lottery
Laundry Machine
Get App
Twin Bed
Classmates
Community
Class Relationships

- Living Together
- Friends Graduated
- Not Going Out

BESTIES FOREVER
Feeling Older

Greater Leadership

More Responsibility

Not Wanting to Go Out
Academics

33.33%

Motivated

“Committed more to my academic life”
“Trying to savor the last of my academic career”
“Higher appreciation for classes”

66.66%

Unmotivated

“Done with school”
“Severely unmotivated”
“More and more ready to be done”
Tying it all Together

Feel Older on Campus

Closer with Teams

Filling Leadership Roles
Thank You!!